

INTERNATIONAL LIFE SAVING FEDERATION OF EUROPE  
**EUROPEAN CHAMPIONSHIPS**  
**HANDBOOK**

Rules, Standards and Procedures for  
European Lifesaving Championships and ILSE-sanctioned Competitions

**Second Edition (2018)**



**WORLD WATER SAFETY**

Im Niedernfeld 1-3  
D 31542 Bad Nenndorf, Germany  
Tel. 49 (0)5723 955 500  
Fax. 49 (0)5723 955 509

E-Mail: [secretariat@ilseurope.org](mailto:secretariat@ilseurope.org)  
Web: <http://europe.ilsf.org>



## **ILSE EUROPEAN CHAMPIONSHIPS HANDBOOK 2017 – FIRST EDITION**

Rules, Standards and Procedures for  
European Lifesaving Championships 2017 and ILSE-sanctioned Competitions

Published by the International Life Saving Federation of Europe

Im Niedernfeld 1-3

D 31542 Bad Nenndorf, Germany

Tel. 49 (0)5723 955 500

Fax. 49 (0)5723 955 509

E-Mail: [secretariat@ilseurope.org](mailto:secretariat@ilseurope.org)

Web: <http://europe.ilsf.org>

© Copyright, The International Life Saving Federation of Europe

### **Acknowledgments**

ILSE thanks the many lifesaving organisations and individuals who helped shape lifesaving competition in Europe. In particular, ILSE acknowledges the efforts of the following members of the ILSE Sport Commission for their contributions to the second edition (2018) of this Handbook: Bob Dekkers – The Netherlands, John Martin – Great Britain, Wim Nuyens – Belgium, Marta Cuetos – Spain, Dot. Giorgio Quintavalle PhD – Italy, Carsten Schleppehorst – Germany, Seamus O’Neill – Ireland, Natalia Stoyanova – Bulgaria, Ian Hutchings – United Kingdom, Annette Nääs – Sweden, Frederic Tortosa - Switzerland.

### **Trademarks**

Trademarks of the International Life Saving Federation are: World Water Safety™, Oceanman™ and Oceanwoman™, ILS Logo™, ILS Flag™, ILS Song™, Rescue Series™, World Conference on Drowning Prevention™, Red over Yellow™.

### **Copyright**

The contents of this Handbook are protected by copyright and may be used only for personal, non-commercial purposes. All other rights are reserved. Commercial uses including publication, broadcast or redistribution in any medium are prohibited, unless authorised in writing by the publisher. Direct enquiries to the headquarters (secretariat) of the International Life Saving Federation Europe. In any discrepancy between the Official ILSE English version of the *ILSE European Championships Handbook 2018* and editions in other languages, the most recent ILSE English edition is deemed to be the definitive text. In any discrepancy between the Official ILSE English electronic version of the *ILSE European Championships Handbook 2018* and any print editions, the most recent Official ILSE electronic version is deemed to be the definitive text.

## TABLE OF CONTENTS

<b>Section 1</b>	<b>ILSE Authority</b>	<b>1</b>
1.1.	European Lifesaving Championships.....	1
<b>Section 2</b>	<b>Competition Safety</b>	<b>3</b>
2.1.	Safety and Emergency Plan .....	3
2.2.	Relocation Contingency Plan.....	4
<b>Section 3</b>	<b>Eligibility and Right to Participate</b>	<b>4</b>
3.1.	National Teams .....	5
3.2.	Interclub Teams .....	6
3.3.	Masters.....	7
3.4.	IRB Events.....	7
<b>Section 4</b>	<b>Entry Procedures</b>	<b>8</b>
4.1.	Championships Registration .....	8
4.2.	Entry Times .....	8
4.3.	Entry Fees .....	8
4.4.	Changes in National Team Composition or size .....	9
4.5.	Substitution in individual events .....	9
4.6.	Substitution in team events.....	9
<b>Section 5</b>	<b>Team Uniforms and Equipment</b>	<b>10</b>
5.1.	Team Uniform.....	10
5.2.	Commercial Identification Policy .....	10
5.3.	Competition Attire .....	11
5.4.	Standardised competition equipment.....	11
<b>Section 6</b>	<b>Doping Control</b>	<b>12</b>
<b>Section 7</b>	<b>Programme of Events</b>	<b>12</b>
7.1.	National Teams (including Youth) and Interclubs.....	12
7.2.	Masters.....	13
7.3.	Open and Masters IRB .....	16
7.4.	Minimum entries to constitute an event.....	16
<b>Section 8</b>	<b>Scoring</b>	<b>16</b>
8.1.	Finals in European Lifesaving Championships.....	16
8.2.	Points allocation .....	16
8.3.	Point score blocking.....	17
8.4.	Scoring DQ's or DNF's.....	17
8.5.	Withdrawal from a race.....	18
8.6.	Event cancellation.....	18
8.7.	Ties .....	18
<b>Section 9</b>	<b>Awards</b>	<b>18</b>
9.1.	National Teams Open.....	18

9.2.	National Teams Youth .....	18
9.3.	Interclub Open .....	19
9.4.	Masters.....	19
9.5.	Open and Masters IRBs.....	19
<b>Section 10</b>	<b>Protests, Appeals, Codes of Behaviour and Discipline</b>	<b>19</b>
10.1.	Protests and Appeals.....	19
10.2.	Codes of Behaviour and Discipline .....	19
<b>Section 11</b>	<b>Official Ceremonies</b>	<b>19</b>
11.1.	Award Presentations.....	19
11.2.	Flags and Banners.....	19
<b>Section 12</b>	<b>Technical Officials</b>	<b>20</b>
<b>Section 13</b>	<b>Pooled Equipment for 2018/19 European Championships</b>	<b>21</b>
13.1.	Manikins .....	21
13.2.	Rescue Tubes .....	21
13.3.	Throw Lines .....	21
13.4.	Obstacles .....	21
13.5.	Batons 21	
13.6.	Skis .....	21
13.7.	Ski Paddles.....	21
13.8.	Boards 21	
13.9.	IRB Hulls .....	22
13.10.	IRB Engines.....	22

## ABOUT THIS HANDBOOK

In the 2018 update of the *ILSE Competition Manual*, the ILSE Sport Commission has separated content that addresses the 2018 and 2019 European Lifesaving Championships specifically from content that addresses the rules, procedures and standards for lifesaving sport competition generally. This has resulted in two new publications: the *2018 European Lifesaving Championships Handbook* and the *ILSE Competition Rule Book v11 (2017-2020-revised edition 2018)*. This handbook presents information specific to the 2018 and 2019 European Lifesaving Championships. The handbook should be consulted in conjunction with the 2017-2020 - revised edition 2018 of the *ILSE Competition Rule Book* (available at <http://europe.ilsf.org/>). Additional information about the 2018 and 2019 championships will be found at <http://europe.ilsf.org/>.

### 1 ILSE AUTHORITY

The sport of lifesaving in Europe contributes to the worldwide drowning prevention mission of ILS. As the international federation for lifesaving sport in Europe, ILSE establishes rules for the purpose of ensuring a safe and fair system, within which lifesaving competitions may be regulated and conducted.

In addition to the rules and procedures outlined in this document, ILSE European Lifesaving Championships are governed by the *ILSE Competition Rule Book, 2017-2020 – revised edition 2018*. The ILSE Sport Commission may also issue clarifying bulletins or circulars from time to time.

#### 1.1 European Lifesaving Championships

- a) ILSE shall authorise the following European Lifesaving championships:
  - European National Teams Lifesaving Championships every 2 years
  - European Youth National Teams Lifesaving Championships every year (except when the ILS Lifesaving World Youth National Teams Championships is conducted in Europe)
  - European Interclub Lifesaving Championships every 4 years
  - European Masters Lifesaving Championships every 2 years
  - European Inflatable Rescue Boat (IRB) Lifesaving Championships every 2 years for Open and Masters categories
- b) ILSE may also authorise non-championship, or demonstration events (e.g., Long Distance Surf Ski, Long Distance Board Race, Open Beach Run) to be organised at the same time as European championships.
- c) All European Lifesaving Championships occur under the auspices of ILSE. ILSE may conduct the championships but usually awards the championships to a member national lifesaving organisation to conduct on its behalf.
- d) Appointment of Chief and Deputy Referees: The ILSE Sport Commission is responsible for appointing the Chief and Deputy Referees for all European Championships. It will receive recommendations from the ILSE College of Referees, but the Commission has the final responsibility for appointing these key officials. Before any appointment is made, the Commission will seek the endorsement of the Referee's lifesaving federation.
- e) Appointment of other Technical Officials: ILSE Member Federations are encouraged to nominate other Technical Officials to act as Event Directors/Sectional or Area Referees, Appeals Committee members, and other Technical Official Roles
- f) **ILSE Event Management Committee:** For European championships, ILSE shall appoint an Event Management Committee responsible for the management of the competition on behalf of ILSE. The ILSE Event Management Committee shall have jurisdiction over all matters not assigned by the rules to the Chief Referee or other officials.

The ILSE Event Management Committee shall:

- Sign off on the Safety and Emergency Plan, the Relocation Contingency Plan, and event circulars prepared by the host organising committee.
- Appoint the ILSE Event Managers, Sectional or Area Referees, Appeals Committee, and Technical Officials.
- Appoint the Disciplinary Committee.
- Manage serious disciplinary matters.
- Delete, alter, or otherwise vary competition rules including the relocation, postponement, and/or cancellation of all or part of championships.

The ILSE Event Management Committee shall consist of:

- a member of the ILSE Sport Commission who will act as the Chair
- the chair of the host organising committee (or the host organising committee's nominee)
- the Event Safety Officer appointed by the host organising committee
- the Chief Referees appointed to oversee pool events, ocean events, Simulated Emergency Response Competition (SERC), and any other competition that may be part of the championships. These referees sit on the Management Committee only for the events they are overseeing.

- g) **Championships venue inspection:** All ILSE Member organisations will be invited to submit a bid to host a European Lifesaving Championships event by the ILSE Board of Directors. Any such bid must be submitted on the appropriate form supplied by the ILSE Secretariat by the appropriate deadline.
- h) All bids received shall be submitted to the ILSE Sport Commission who will appoint at least one inspector to visit the venue(s) and conduct a thorough technical examination of all the facilities in the bid. The host country shall pay the travel and accommodation expenses incurred in connection with the inspection visit, which may last a maximum of 4 days. The ILSE Sport Commission may decide not to conduct an inspection visit if the venue has been used before at a recent European Championships and the dimensions of the facilities have not changed. The host country must confirm in writing that there have been no changes since the previous inspection.
- i) The inspector(s) shall submit an inspection report for the ILSE Board of Directors to consider. The Board must have a valid inspection report before a decision can be made to award the Championships to a host bidder.
- j) The ILSE Sport Commission shall appoint a representative to visit the host venue for the European Lifesaving Championships at least 2 months prior to the commencement of the championships to inspect all facilities, equipment and technical aspects.
- k) **Host organising committee responsibility for equipment:** The host organising committee shall provide the following equipment, which **must be used by competitors**:
- Batons for Beach Relay and Beach Flags events (at least 32 plus 4 extra)
  - Rescue tubes for ocean events (at least 18 plus 2 extra)
  - Rescue tubes for pool events (at least 8 plus 2 extra in competition pool); in addition, 8 plus 2 extra for training/warm-up pool
  - Rescue manikins for pool events (at least 16 plus 4 extra in competition pool); in addition, at least 8 plus 2 extra for training/warm-up pool
  - Throw lines for pool events (at least 8 plus 2 extra in competition pool); in addition 8 plus 2 extra for training/warm-up pool
  - Obstacles for pool events (at least 16 plus 2 extra in competition pool; in addition 8 plus 2 extra for training/warm-up pool)
  - all SERC equipment requested by the ILSE Event Management Committee.

The host organising committee shall provide an equipment pool of:

- surf skis and ski paddles (at least 16 each)
- boards (at least 16)

The host organising committee shall advise all registrants of the contents of the equipment pool, under what terms and conditions such equipment is available to competitors, and the type or brand of all equipment supplied.

The host organising committee shall be responsible for the provision of automatic officiating equipment for timing, placing and interfacing with the scoring system for all pool events. In addition, the host organising committee shall provide 30 stop watches for pool events.

The host organising committee shall be responsible for the provision of all equipment and material required to establish and maintain courses for all European championships events, and to operate the Simulated Emergency Response Competition (SERC).

The host organising committee of European IRB Championships shall be responsible for the provision of all craft and related equipment:

- Fully equipped IRBs (at least 6 plus 2 extra)

The host organising committee of European IRB Championships shall also provide up to 6 IRBs or equivalent for competition and set-up and safety.

## 2 COMPETITION SAFETY

- a) The provision of safe competitions is essential and a priority in competition planning. At all world championships, the host national lifesaving organisation is responsible for the provision of adequate resources to ensure the safety of those involved with the competition.
- b) The host organising committee shall appoint a Safety Officer who is responsible for ensuring that all competition facilities and environments are safe for use, and that the appropriate safety plan, equipment, craft, procedures and emergency personnel are in place to ensure the safety of competitors, officials and spectators, etc. The Safety Officer is a member of the ILSE Event Management Committee.
- c) The host organising committee shall submit its safety and emergency plan (see 2.2.1 below) to the ILSE Event Management Committee no later than six months prior to the start of the championships.
- d) No competition shall be conducted until the ILSE Event Management Committee is satisfied that the competition facilities are safe, and that the appropriate safety and emergency plan, equipment, procedures and personnel are in place.
- e) No ocean event shall be conducted until the referee has assessed the surf conditions and reported to the ILSE Event Management Committee. Only the ILSE Event Management Committee has the authority to cancel, reschedule, or relocate the championships, an event or event final.
- f) The Chief Referee or the appointed coordinator of emergency services (as named in the safety and emergency plan) shall assume control of emergencies arising during competition.

### 2.1 Safety and emergency plan

- a) The host organising committee shall prepare a safety and emergency plan to ensure:
  - the venue(s) are fit and proper for the purposes of competition.
  - the general safety of competitors, competition personnel and spectators.
  - the personnel and procedures are in place in case of minor or major emergencies involving injury to or illness of competitors, technical officials, competition personnel or spectators.
- b) The plan shall:
  - outline the facilities to be used during the competition by competitors, technical



- officials, competition personnel, and spectators.
  - identify the individuals with authority to initiate the plan and the chain of command and coordination of emergency services.
  - identify safety personnel and protocols including land and water patrols and their respective job descriptions.
  - identify logistical information necessary for the deployment of emergency services: personnel and their deployment, access to competition venues, equipment, communications protocol and methods, vehicle access, and alternate venue(s).
  - identify the emergency care facilities including the number, location and type of first aid sites, the equipment at each site, and the personnel in place or on call to staff these sites. The plan will identify on-site and off-site medical facilities including the location and contact details of the nearest medical centre and hospital.
  - identify the protocols for the operation of the emergency vehicle(s) on hand in case of the need to transport patients from or rescue teams to an incident site.
  - identify available emergency services and their tasking protocols, and specify how internal and external agencies and services are to be activated.
  - specify the decision-making responsibility in the event of death or serious injury to a competitor, technical official, competition personnel or spectator during the competition.
- c) The plan shall be shared with the local agencies and services expected to participate in case of emergency, and be widely communicated among competition personnel.

## 2.2 Relocation contingency plan

- a) In open water competition, adverse weather can create extremes in heat or cold, storms, dangerous surf or swell and associated dangers for competitors. Man-made disasters such as pollution of the water and beach cannot be discounted.
- b) The host organising committee shall prepare a contingency plan to ensure the protocols and procedures are in place in the event adverse weather or other conditions threaten to prevent the conduct of part or all of the competition.
- c) The contingency plan shall:
- identify the decision-making authority and protocol for suspension, cancellation, postponement, or relocation of part or all of the competition.
  - identify alternative locations where part or all of the competition may be safely conducted within the timeframe set down.
  - specify the responsibilities and procedures for communicating decisions and directions concerning suspension, cancellation, postponement or relocation.
  - outline the logistical plan for relocating competitors, competition personnel and equipment to an alternate location.
  - outline the responsibilities for event set-up and re-scheduling at the alternate location(s).

## 3 ELIGIBILITY AND RIGHT TO PARTICIPATE

ILSE European Lifesaving Championships are intended for bona fide lifesavers who have demonstrated a commitment to lifesaving – people who are lifesavers first, competitors second.

ILSE considers it unethical to recruit competitors for their high-performance athletic ability whose lifesaving credentials are tenuous or merely convenient for purposes of competition. Team management personnel and coaches are the key to preventing such unethical practices and must emphasise “play within the rules” behaviour. The personal conduct of team managers and coaches is measured by the ILSE Code of Conduct in Section 3.

### 3.1 National Teams European Lifesaving Championships

- a) The National Teams European Lifesaving Championships is open to one Open team per nation, and the Youth National Teams European Lifesaving Championships is open to one Youth team per nation.
- b) Each nation, as defined by ILSE, must have at least one current ILSE Full Member to be eligible to enter a team.
- c) To be eligible to compete on a national team, competitors shall:
  - Be citizens, by birth or naturalization, of the nation they represent.
  - Be bona fide lifesavers and members in good standing with a national lifesaving organisation and currently qualified for lifesaving duties.
  - Have been members of their team's national lifesaving organisation for at least 90 days prior to the first day of the European Lifesaving Championships – regardless of which competition is scheduled first. For the 2018 European Lifesaving Championships, competitors must have been a member on or before June 13, 2018.
  - Be members of their nation's ILSE Full Member Organisation.
  - For purposes of out-of-competition testing, be registered with the World Anti-Doping Agency (WADA) prior to the first day of the European championships programme (regardless of which competition is scheduled first).
  - Attain the required age in the year of the Championships:
    - Youth – be 15 to 18 years of age
    - Open – be a minimum of 16 years of age
  - Specifically for the European Lifesaving Championships 2018.

#### Determining age

*ILS follows IOC guidelines for determining the age of competitors in ILSE European championships. In short, a competitor's age is determined by how old he or she is as at December 31 of the year in which they are participating in the championships.*

#### Youth

**Eligible:** Competitors who turn 15, 16, 17 or 18 years of age on or before December 31, 2017.

**Not eligible:** Competitors who turn 14 or 19 in 2018.

- Specifically for the European Lifesaving Championships 2019.

#### Youth

**Eligible:** Competitors who turn 15, 16, 17 or 18 years of age on or before December 31, 2017.

**Not eligible:** Competitors who turn 14 or 19 in 2019.

#### Open

**Eligible:** Competitors who turn 16 years of age on or before December 31, 2019. There is no maximum age.

**Not eligible:** Competitors who are younger than 15 or turn 15 in 2019.

- A competitor who is a citizen of more than one nation must choose which one to represent. The competitor shall then fall under the exclusive jurisdiction of that nation's ILSE Full Member.
- ILSE Full Members shall provide an endorsement declaring that their national team members are bona fide lifesavers; and provide proof of eligibility, i.e., copy of the passport or other citizenship document for each member of the national team.
- **Composition of a team:** Competitors enter the National Teams Championships only as members of a team, not as individuals. A team may consist of a minimum of one competitor and a maximum of six females and a maximum of six males, in addition to any non-competitive management or coaching personnel. It is not

mandatory to have both male and female competitors on a team. Teams may not increase the number of male or female competitors beyond six.

- No event will be delayed to allow participants to compete in more than one competition.

**Determining age**

*ILSE follows IOC guidelines for determining the age of competitors in ILSE European championships. In short, a competitor's age is determined by how old he or she is as at December 31 of the year in which they are participating in the championships.*

**3.2 Interclub European Lifesaving Championships**

- a) The Interclub European Lifesaving Championships are open to one Open team per club or lifesaving unit. All team members must be in good standing with a current ILS Full Member.
- b) To be eligible to compete in the Interclub European Lifesaving Championships, competitors shall:
  - Be bona fide lifesavers and members in good standing of a current ILS Full Member, and currently qualified for lifesaving duties.
  - Have been members of their team's national lifesaving organisation for at least 90 days prior to the first day of the European Lifesaving Championships – regardless of which competition is scheduled first.
  - Be members of one lifesaving club, or lifesaving "unit" of a national lifesaving organisation and not from multiple clubs or units.
  - Attain the required age in the year of the Championships:
    - Open – be a minimum of 16 years of age.

Specifically, for the Interclub European Lifesaving Championships 2019:

Open	
Eligible	Competitors who turn 16 years of age on or before December 31, 2019. There is no maximum age.
Not Eligible	Competitors who are younger than 15 or turn 15 in 2019.

- c) **Definition of a club for Interclub European Lifesaving Championships:** Competitors entered as a club must be members of the same club or "lifesaving unit". The definition of a club – for national lifesaving organisations that do not have a club system – is:  
The basic administrative or lifesaving unit of the lifesaving organisation (not an amalgam of such units); such unit having a constitution and having representation to a higher body.
- d) For entry into the Interclub European Lifesaving Championships, national lifesaving organisations shall provide an endorsement declaring that competitors meet the eligibility requirements listed above.
- e) **International transfers:** Competitors must apply to transfer to a foreign club. For the application to succeed, competitors require approval from their home club, region and national organisation. *Refer to the ILSE Competition Rule Book* for International club transfer rules and procedures.  
The club international transfer rules (above) do not apply to National Teams European Lifesaving Championships.
- f) **Composition of a team:** Competitors enter the Interclub European Lifesaving Championships only as members of a club, not as individuals. A team may consist of a minimum of one competitor and a maximum of six females and a maximum of six males, in addition to any non-competitive management or coaching personnel. It is not mandatory to have both male and female competitors on a team. Teams may not increase the number of male or female competitors beyond ten.

### 3.3 Masters European Lifesaving Championships

- a) To be eligible to compete in the Masters European Lifesaving Championships, competitors shall:
- Be bona fide lifesavers and members in good standing of a current ILSE Full Member Organisation, and hold the required lifesaving award.
  - Have been members of their team's national lifesaving organisation for at least 90 days prior to the first day of the European Lifesaving Championships – regardless of which competition is scheduled first. For the 2017 Masters European Lifesaving Championships, competitors must have been a member on or before February 21, 2017.
  - Be members of one lifesaving club or lifesaving "unit" of a national lifesaving organisation, and not from multiple clubs or units.
  - Be a minimum of 30 years of age in the year of the Championships.
  - Specifically for the European Lifesaving Championships 2019:

#### Masters

**Eligible:** Competitors who turn 30 years of age on or before December 31, 2019. There is no maximum age.

**Not eligible:** Competitors who turn 29 in 2019.

**Note:** For Masters team events, in which the ages of the team members total a specified cumulative age, the cumulative age is also determined by the age of the team members *in the year of the Championships*. For example, in a four-person team where the total age is to be a minimum of 140 years, team members may be 30 years, 35 years, 37 years and 38 years of age on or before 31 December 2019.

- b) Masters competitors may not compete in more than one age category.
- c) Masters competitors may enter the Masters European Lifesaving Championships as individual members of a club, and may participate in both individual events and team events. In team events, the team may not be made up of competitors from multiple clubs.
- d) **Definition of a club for Masters:** Competitors entered as a club must be members of the same club or "lifesaving unit". The definition of a club – for national lifesaving organisations that do not have a club system – is:  
*The basic administrative or lifesaving unit of the lifesaving organisation; such unit having a constitution and having representation to a higher body.*
- e) For entry into the Masters European Lifesaving Championships, national lifesaving organisations shall provide an endorsement declaring competitors meet the eligibility requirements above, and:
- That all competitors have proof of entry times for all events in which they are registered. Times may be proved by published records, published rankings, published competition results or published time trials..
- f) **Team events:** Team events may only be entered by a club. Team members must represent the same club.  
In each team event, Masters competitors shall compete only in the age-group for which they are eligible. In the Masters Line Throw event, the two-person team shall compete in the age-group of the younger competitor.
- g) **Individual events:** In individual events, Masters competitors must compete only in the age-group for which they are eligible.

### 3.4 Open and Masters European IRB Lifesaving Championships

- a) To be eligible to compete in Open and Masters European IRB Lifesaving Championships, competitors shall:

- Be bona fide lifesavers and members in good standing of a current ILSE Full Member Organisation, hold the required award and be currently qualified for lifesaving duties.
- Have been members of their team's national lifesaving organisation for at least 90 days prior to the first day of the European IRB Lifesaving Championships – regardless of which competition is scheduled first. For the 2019 European IRB Lifesaving Championships, competitors must have been a member on or before June 17, 2019.
- Be members of one lifesaving club or lifesaving "unit" of a national lifesaving organisation and currently qualified for lifesaving duties.
- Be a minimum of 16 years of age in the year of the Championships to compete in Open European IRB Championships, and a minimum of 30 years of age in the year of the Championships to compete in the Masters European IRB Championships
- Specifically for the European IRB Lifesaving Championships in 2019:

#### **Inflatable Rescue Boats**

**Eligible (Patient and Crew):** Competitors who turn 16 years of age on or before December 31, 2019 for Open, and 30 years of age on or before December 31, 2019 for Masters. There is no maximum age.

**Not eligible:** Competitors who turn 15 in 2017 for Open, and 29 for Masters.

**Eligible (Driver):** Competitors who turn 18 years of age on or before December 31, 2019 for Open and 30 for Masters. There is no maximum age.

- b) **Definition of a club for Open and Masters European IRB Lifesaving Championships:** Competitors entered as a club must be members of the same club or "lifesaving unit". The definition of a club – for national lifesaving organisations that do not have a club system – is:  
*The basic administrative or lifesaving unit of the lifesaving organisation; such unit having a constitution and having representation to a higher body.*
- c) For entry into the Open and Masters European IRB Lifesaving Championships, national lifesaving organisations shall provide an endorsement declaring that competitors meet the eligibility requirements listed above.

## **4 ENTRY PROCEDURES**

### **4.1 Championships registration**

All teams must register prior to the championships in accordance with the procedures and deadlines established by ILSE and the host organising committee. ILSE maintains a database of the names of all competitors registered for all European championships.

Registrations received after the deadline may be subject to terms and conditions established by the organising committee for late registration. No entries in individual or team events shall be accepted later than 7 days prior to the day of the competitor's first event of the European Lifesaving Championships.

### **4.2 Entry times**

Seeding shall be used for Interclub, National Teams and Masters European Lifesaving Championships. For pool events, competitors' times at competitions within the period beginning with the first day of the last European Lifesaving Championships to the entry deadline for the 2018 and 2019 European Lifesaving Championships, shall be submitted on the entry forms. Times are required to be submitted for both individual and team events. Competitors and teams shall be ranked according to their entry times.

For seeding information see the *ILSE Competition Rulebook 2017-2020 – revised edition 2018*, Sections 3 and 4.

#### 4.3 Entry fees

The ILSE Board shall approve European championships entry fees proposed by the host organising committee on a recommendation from the ILSE Sports Commission. Entry fees must be paid with the registration.

#### 4.4 Changes in National Team, Interclub and Masters composition or size

- a) Only the team manager may advise a change of team composition or size to the appropriate official of the host organising committee, up to two hours prior to the team's first entry into a point score event. After that time, there shall be no further alteration of team composition. Competitors who subsequently withdraw due to injury or other reason may not be replaced by a non-registered competitor.
- b) The team manager shall notify the championships organisers of the change in team composition in writing indicating:
  - Date and time
  - Name of the team
  - Name of the member(s) to be withdrawn
  - Name(s) and surname(s) of the competitor(s) being added
- c) Notification must be accompanied by documentation from the team's national organisation which provides endorsement declaring that the replacement team member meets the eligibility criteria and is a bona fide member.
- d) If team member numbers increase, all appropriate entry fees (including applicable late entry fees) must accompany the written notice.
- e) In addition, the new competitor(s) or team management shall complete any registration documentation that the organisers may require. New competitors and team management are responsible for acquainting themselves with matters that may have previously been dealt with at team briefings, etc.

#### 4.5 Substitutions in individual events

- a) Only the team manager may substitute team members in individual events with another member from the same team. Team managers must notify the appropriate officials of substitution no later than 30 minutes prior to the start of the event or prior to the commencement of marshalling – whichever comes first.
- b) Competitors who have been replaced in an event may not be re-substituted into that same event, but they may contest other events in the competition.
- c) Substitutions are not permitted after the first round of an individual event has been conducted.

**Note:** An event is a series of races with the same prescribed rules and conditions (e.g., facility, equipment, distance and style), for example Beach Flags is an event, Obstacle Swim is an event.

#### 4.6 Substitutions in team events

- a) Substitutions are permitted in any round of team events.
- b) Only the team manager may substitute members in a team event with other members of the same national team or club. Team managers must notify the appropriate officials of the substitution(s) no later than 30 minutes prior to the start of the first round of the team event or 30 minutes prior to the commencement of marshalling in subsequent rounds.

## 5 TEAM UNIFORMS AND EQUIPMENT

### 5.1 Team uniform

- a) Each team shall have a uniform suitable for official ceremonies and award presentations. Team managers, coaches, and assistants will be encouraged to take part in the ceremonies and shall wear a uniform that complements that of the team.

**Note 1:** at official ceremonies the expectation is that teams shall wear their team blazers and/or wear their team tracksuit or t-shirt and shorts depended on team outfitting, the occasion, the weather etc.

**Note 2:** For Medal Presentations at the pool the expectation is that placegetters shall wear their team tracksuit or t-shirt and shorts. At the Ocean the expectation is that team members shall wear their costumes, vest and cap or team tracksuit, or t-shirt and shorts.

- b) All competitors' uniforms must be in accordance with standards approved by ILSE. The Chief Referee has the authority to exclude any competitor whose uniform or swimwear is not in accordance with ILSE standards or the commercial identification policy.
- c) Commercial identification on uniforms, competition apparel or equipment shall be acceptable only where it conforms to the commercial identification policy (5.1.2 below).
- d) No club, competitor or handler may have any signage, logos or corporate identification on clothing, competition apparel, gear, equipment or on the person in the competition arena that the Chief Referee deems to be objectionable.
- e) Refusal to comply with any of the above renders the clothing, competition apparel, or equipment ineligible for the competition, and the competitor (and/or team) ineligible for further participation in the championships.
- f) If such breaches are found after the event or in post-race scrutineering, the competitor (and/or team) will forfeit titles and awards.

### 5.2 Commercial identification policy

- a) The ILSE Event Management Committee reserves the right to order the removal or coverage of commercial identification in conflict with official championship sponsors. This includes body tattoos or body paint.
- b) Notwithstanding the foregoing, official sponsors of clubs and teams may retain their identification on competition apparel and equipment irrespective of commercial conflict, but must not display other signs, banners, flags or other identification within close proximity to the competition arena.
- c) Competitors in all craft event heats, semi-finals, and finals may be required to carry championships sponsor signage affixed on craft or equipment provided. All team and individual sponsor signage on craft and equipment will not be covered unless it is unavoidable when fitting the championships sponsor signage.
- d) All individual competitors in championships events may be asked to wear naming-rights sponsor's vests for televised heats, semi-finals and finals. If the naming-rights sponsor conflicts with an existing team or individual sponsor, unbranded vests shall be worn.
- e) **Body tattoos, body paint:** Sponsors may be shown once only on the body and may not exceed 150 mm by 50 mm in size.
- f) Television interviews may be undertaken in the competition arena with prominent competitors. Competitors interviewed may be asked to wear championships sponsor apparel.

- g) **Presentation:** At the conclusion of the events, place winners may be offered items of apparel identified with championships sponsors. Competitors will be asked to wear such items during the presentation.  
**Note:** Every co-operation is requested in this regard; the support of sponsors helps to curtail significant expenses that would otherwise be passed onto competition participants.

### 5.3 Competition attire

The specifications and requirements for the following are detailed in Sections 2 and 8 of the *ILSE Competition Rulebook 2017-2020 – revised edition 2018*:

- Swimwear
- Swim caps and helmets
- Vests
- Lifejackets and personal flotation devices
- Eyewear
- Footwear
- Wetsuits

### 5.4 Standardised competition equipment

- a) Competitors must use the following equipment which shall be provided by the host organising committee:
- Batons for Beach Relay and Beach Flags events
  - Rescue manikins for pool events
  - Rescue tubes for pool and ocean events
  - Throw lines for pool events
  - Obstacles for pool events
  - Inflatable Rescue Boats (IRBs)
- b) Competitors may use their own swim fins, boards, surf skis and paddles. The specifications and scrutineering requirements for this equipment is detailed in Section 8 of the *ILSE Competition Rulebook 2017-2020 – revised edition 2018*
- c) At European Lifesaving Championships
- All equipment used in National Teams competition, and the helmets and lifejackets used in all IRB competition shall be scrutinized prior to use. Craft and fins used in Masters and Interclub events are subject to random scrutineering:
    - Surf skis shall be checked for maximum length, minimum weight, minimum widths, minimum rocker and safety (e.g., state of repair).
    - Paddles shall also be checked for competitor safety.
    - Boards shall be checked for maximum length, minimum weight and safety (e.g., state of repair).
    - Swim fins shall be checked for maximum length.
  - The host organising committee shall provide a stamp or sticker to be affixed to each piece of equipment as proof of the check.
  - A person appointed by the ILSE Management Committee shall approve the supplier of any pooled equipment provided (who must produce craft that meets ILS specifications). These craft shall also to be checked and stamped.
- d) The host organising committee shall advise all registrants of the contents of the equipment pool, under what terms and conditions such equipment is available to competitors, and the type or brand of all equipment supplied. See *Responsibility for equipment* in 2.1 *ILSE Authority*.



## 6 DOPING CONTROL

- a) The International Life Saving Federation of Europe (ILSE) has a policy of drug-free competition with possible drug testing for all ILSE European Lifesaving Championships in accordance with the *ILS Anti-Doping Rules* which can be viewed or downloaded at [www.ilsf.org](http://www.ilsf.org).
- b) ILSE recognises that the host country may have laws or legal requirements in addition to the ILSE drug policy. Competitors must be informed of such requirements as part of registration procedures.
- c) A violation of the *ILS Anti-Doping Rules* leads to disqualification of an athlete's individual results including forfeiture of points, medals and prizes in individual events. In a team event, if a member of a team violates the *ILS Anti-Doping Rules*, the entire team shall be disqualified from that event with the attendant loss of points, medals and prizes.

See Section 2 of the *ILSE Competition Rule Book 2017-2020 – revised edition 2018* for more details.

## 7 PROGRAMME OF EVENTS

- a) For ILSE European Lifesaving Championships, the programme of events shall be established by the ILSE Sport Commission and approved by the ILSE Board of Directors. For ILSE-sanctioned competition, the programme of events shall be established jointly by the ILSE Sport Commission and the body responsible for the sanctioned competition.
- b) For the 2018 European Lifesaving Championships, the ILSE Sport Commission has approved the following:
  - National Teams Youth European Lifesaving Championships
- c) For the 2019 European Lifesaving Championships, the ILSE Sport Commission has approved the following:
  - National Teams Open European Lifesaving Championships
  - National Teams Youth European Lifesaving Championships
  - Masters European Lifesaving Championships
  - Open Inflatable Rescue Boat (IRB) European Championships
  - Masters European IRB Championships

### 7.1 National Teams and Interclub European Lifesaving Championships

- a) Open and Youth competition shall be conducted in National Teams European Lifesaving Championships in male and female categories. Open competition shall be conducted in Interclub Teams European Lifesaving Championships. Open and Youth athletes compete in the events listed below. No event will be delayed to allow participants to compete in both competitions.

10 Pool Events	National Open, National Youth, and Open Interclub Maximum entries per team
200 m Obstacle Swim	2 competitors
50 m Manikin Carry	2 competitors
100 m Rescue Medley	2 competitors
100 m Manikin Carry with Fins	2 competitors
100 m Manikin Tow with Fins	2 competitors
200 m Super Lifesaver	2 competitors
Line Throw	1 team

4 x 25 m Manikin Relay	1 team
4 x 50 m Obstacle Relay	1 team
4 x 50 m Medley Relay	1 team

- b) **4 x 50M Mixed Pool Lifesaver Relay:** A new National Team Open and Youth, and Interclub Open Championship event has been introduced to the Pool programme from 2018 onward. This event shall be conducted *without* separate male and female categories. Each team must consist of two males and two females. The Event Management Committee shall undertake a draw to determine the male and female legs of the race. Refer to the ILSE Competition Rule Book for event rules.

4x 50 m Mixed Pool Lifesaver Relay	1 team
------------------------------------	--------

10 Ocean Events	National Open and National Youth Maximum entries
Surf Race	2 competitors
Beach Flags	2 competitors
Beach Sprint	2 competitors
Surf Ski Race	2 competitors
Board Race	2 competitors
Oceanman / Oceanwoman	2 competitors
Rescue Tube Rescue	1 team
Beach Relay	1 team
Board Rescue	1 team
Oceanman / Oceanwoman Relay	1 team

- c) **(Mixed) Ocean Lifesaver Relay:** A new National Team Open and Youth, and Interclub Open Championship event has been introduced to the Ocean programme from 2018 onward. This event is a variation of the Oceanman/Oceanwoman Relay and shall be conducted as mixed event only. Each team must consist of two males and two females. The Event Management Committee shall undertake a draw to determine the male and female legs of the race. Refer to the ILSE Competition Rule Book for event rules.

Ocean Lifesaver Relay	1 team
-----------------------	--------

- d) **Simulated Emergency Response Competition:** The Simulated Emergency Response Competition (SERC) shall be conducted in National Teams Open and Youth and Interclub Open European Lifesaving Championships *without* separate male and female categories. Teams may consist of any combination of males and females.

Simulated Emergency Response Competition	1 team
--	--------

## 7.2 Masters European Lifesaving Championships

**Pool events:** For the 2019 European Masters Lifesaving Championships, the following pool events shall be conducted in both male and female categories.

Masters Pool Events	Masters Age Groups				
	30-39	40-49	50-59	60-69	70+
200 m Obstacle Swim	X	X			
100 m Obstacle Swim			X	X	X
100 m Manikin Carry with Fins	X	X	X	X	X
100 m Manikin Tow with Fins	X	X	X	X	X
50 m Manikin Carry	X	X	X	X	X

Masters Team Events	30-39	40-49	50-59	60-69	70+
Line Throw	X	X	X	X	X

Total-Age Team Events	Ages total 140-169	Ages total 170-199	Ages total 200-229	Ages total 230+
4 x 25 m Manikin Relay	X	X	X	X
4 x 50 m Medley Relay	X	X	X	X
4 x 50 m Obstacle Relay	X	X	X	X

- In the Masters Line Throw event, the two-person team shall compete in the age group of the younger competitor.
- Pool four-person team events are conducted as total-age events with competitors whose ages total 140-169 years, 170-199 years, 200-229 years and 230 years or more. The total of the four competitors' ages determines the team's age group. For example, a team comprised of a 30-year-old, a 40-year-old, a 50-year-old, and a 60-year-old (= 180 years) would compete in the 170-199 years age group.
- Time-finals:** In the Masters European Lifesaving Championships, finals shall not be conducted for pool events. All pool events shall be conducted as time-finals. That is, each competitor swims the event only once. The competitor's final placing shall be determined on the basis of his or her time.
- Seeding:** Competitors shall be seeded in the following manner into heats according to their submitted times with the time-finals swum slowest to fastest:
  - If one heat:** it shall be seeded as a final.
  - If two or more heats:** the fastest competitors shall be seeded in the last heat (as set out in "Assignment of Lanes" Section 3.4.3 of the *ILSE Competition Rulebook 2017-2020*), the next fastest **competitors** into the second last heat, and so on until all competitors have been allocated a heat and lane according to submitted times.

**Ocean events:** The following ocean events shall be conducted in both male and female categories for Masters Championships.

Masters Ocean Events	Masters Age Groups				
	30-39	40-49	50-59	60-69	70+
Surf Race	X	X	X	X	X
Beach Flags	X	X	X	X	X
Beach Sprint	X	X	X	X	X
2 km Beach Run	X	X	X		

1 km Beach Run				X	X
Surf Ski Race	X	X	X	X	X
Board Race	X	X	X	X	X
Oceanman/Oceanwoman	X	X	X	X	X
<b>Masters Team Events</b>	<b>30-34</b>	<b>40-44</b>	<b>50-54</b>	<b>60-64</b>	<b>70+</b>
Board Rescue	X	X	X	X	X

Total-Age Team Events	Ages total 110-129	Ages total 130-149	Ages total 150-169	Ages total 170+
Surf Teams Race (3 competitors per team)	X	X	X	X
Surf Ski Relay (3 competitors per team)	X	X	X	X
Beach Relay (3 competitors per team)	X	X	X	X
Board Relay (3 competitors per team)	X	X	X	X
Oceanman/Oceanwoman Relay (3 competitors per team)	X	X	X	X

- a) Ocean individual events and the Board Rescue event are conducted in age groups. In the Board Rescue event, the two-person team shall compete in the age group of the younger competitor.
- b) Ocean three-person team events are conducted as total-age events with competitors whose ages total 110-129 years, 130-149 years, 150-169 years, and 170 years or more. The total of the three competitors' ages determines the team's age-group. For example, a team composed of a 30-year-old, a 40-year-old, and a 50-year-old (= 120 years) would compete in the 110-129 years age group.
- c) **Oceanman/Oceanwoman swim course:** If, because of prevailing surf conditions, the Oceanman/Oceanwoman swim course will significantly exceed 120 m, two single buoys laid a minimum of 10 m apart at 120 m may be used. In such circumstances the standard swim course will be used for the board leg and for the first and third turning buoy of the surf ski leg. An apex buoy placed approximately 10 m beyond the swim buoys will complete the surf ski buoys.

Masters Ocean Events	Masters Ocean Event Distances
Surf Race & Surf Teams Race	Minimum 120 m to furthest buoy
Beach Flags	Minimum 15 m
Beach Sprint & Beach Relay	Minimum 70 m
Surf Ski Race & Surf Ski Relay	Minimum 250 m to first turn buoy
Board Race & Board Relay	Minimum 250 m to first turn buoy
Board Rescue	Minimum 120 m to buoys
Oceanman/Oceanwoman	Swim minimum 120 m, board and ski buoys set approximately 50 m respectively behind each other.
Oceanman/Oceanwoman Relay	Same as Oceanman/Oceanwoman event

### 7.3 Open and Masters European Inflatable Rescue Boat (IRB) Championships

- a) For the 2019 European IRB Championships, events shall be conducted in both male and female categories.
- b) **Composition of a team:** Competitors enter the Open and Masters European IRB Lifesaving Championships as members of a club team, not as individuals. Each club team entered may consist of a maximum of 5 competitors. Male competitors may only participate in male events, and female competitors may only participate in female events.
- c) There is no restriction on the number of teams a club may enter in this championship.
- d) In IRB events the patient is regarded as gender and age neutral but a patient may only compete for one club team. Thus a female may be a patient in a male event, and vice versa, and a competitor aged less than 30 may participate in a Masters event.
- e) However competitors may enter the Championship for only one team, and may not participate in an event twice.

### 7.4 Minimum entries required to constitute an event

Unless determined otherwise by the Chief Referee, an event will be contested with at least one entry. Organisers will determine how best to facilitate this (e.g., races with combined genders, age-groups). Medals will be awarded according to competitors' placing.

## 8 SCORING

### 8.1 Finals in European championships

- a) Finals shall be conducted in the Ocean events for National Teams European Lifesaving Championships.
  - In Ocean Events the fastest 16 competitors based on heats are assigned positions in a final of 16 competitors, or in an A- and B-final of eight competitors each.
  - In Pool events, where only an A-final is conducted, competitors placing 9 through 16 will be based on preliminary times.
- b) Winners of A-finals shall be declared European Champions.
- c) In Masters European Lifesaving Championships, finals shall not be conducted for pool events. All pool events shall be conducted as time-finals. That is, each competitor swims the event only once. The competitor's final placing shall be determined on the basis of his or her time.
- d) Competitors shall be seeded according to their submitted times with the time-finals swum slowest to fastest.
- e) In IRB events, A- and B-finals are required for point score purposes.

### 8.2 Point allocation

- a) Teams competing in National Teams and Interclub European Lifesaving Championships shall be allocated the following points based on team member placing in finals. No points are allocated to Masters clubs.

Place	Points	Place	Points
1 <sup>st</sup>	20	9 <sup>th</sup>	8
2 <sup>nd</sup>	18	10 <sup>th</sup>	7
3 <sup>rd</sup>	16	11 <sup>th</sup>	6
4 <sup>th</sup>	14	12 <sup>th</sup>	5

5 <sup>th</sup>	13	13 <sup>th</sup>	4
6 <sup>th</sup>	12	14 <sup>th</sup>	3
7 <sup>th</sup>	11	15 <sup>th</sup>	2
8 <sup>th</sup>	10	16 <sup>th</sup>	1

- b) Teams competing in the European IRB Championships shall be allocated the following points based on team placings in finals

Place	Points	Place	Points
1 <sup>st</sup>	20	5 <sup>th</sup>	13
2 <sup>nd</sup>	18	6 <sup>th</sup>	12
3 <sup>rd</sup>	16	7 <sup>th</sup>	11
4 <sup>th</sup>	14	8 <sup>th</sup>	10

- c) Points for IRB teams entered from the same club are not aggregated with others from the same club for the overall aggregate total.

### 8.3 Point score blocking

There shall be no point score blocking in National Teams, Interclub or IRB championships. All competitors are eligible to earn points for their team and to earn individual awards.

### 8.4 Scoring disqualifications or DNFs

- a) Competitors who do not finish (DNF) or who are disqualified in an A-final shall earn 10 points. Competitors who do not finish (DNF) or are disqualified in a B-final shall earn one point. (See 2.14 *Disqualification and Did Not Finish classifications* in the *ILSE Competition Rulebook 2017-2020 – revised edition 2018*)
- b) However, competitors shall not earn any points if they are disqualified for “Competing unfairly” or for a “Serious discipline offence”. (See 2.13 *Misconduct* in the *ILSE Competition Rulebook 2017-2020 – revised edition 2018*)
- c) For clarification of “elimination” vs “disqualification”, see 4.10 Beach Flags in the *ILSE Competition Rulebook 2017-2020 – revised edition 2018*)

### 8.5 Withdrawal from a race

- a) Competitors or teams should advise if they intend to withdraw from an A or B final within thirty minutes of the finalists being announced.
- b) Competitors or teams who withdraw from an A or B final prior to the start shall not earn any points for their team’s point score (i.e. zero points are scored for a “no show”)
- c) Where one or more competitors in the Interclub or National Teams Championships withdraw from an A-final, competitors shall not be called forward from the B-final. The A-final shall not be re-seeded.

Where one or more competitors in the Interclub or National Teams Championships withdraw from a B-final, alternate competitors shall not be called forward from the heats. The B-final shall not be re-seeded. Should insufficient reserves be on standby the B final shall progress with those who have marshalled.

**Note:** In pool events, reserves shall be determined based on heat times. In ocean events, reserves will come from the same qualifying race as the withdrawn competitor.

## 8.6 Event cancellation

No points shall be credited to any team if an event is cancelled – even if some heats have been run.

## 8.7 Ties

- a) Ties in overall team point scores shall be broken using the following system:
  - Most first-place final finishes;
  - Most second-place final finishes;
  - Most third-place final finishes; and so on.
- b) In finals, if two teams tie for first, each receives first-place points (20). The next placing team earns 16 points, and so on.
- c) When a tie occurs in an ocean event that qualifies for a final, the tied competitors shall advance to the final. However, if there are insufficient places available in the final, a repêchage shall be conducted between the tied competitors to determine the finalist.
- d) In pool events, when competitors in heats have equal times registered to 1/100 of a second for either the eighth place or sixteenth place, there shall be a swim-off to determine which swimmer shall advance to the appropriate final.

## 9 AWARDS

### 9.1 European National Teams Lifesaving Championships

- a) **Overall:** Awards shall be presented to the first, second, and third place national team, based on the overall point score for all pool and ocean events, and the Simulated Emergency Response Competition. A perpetual trophy shall be presented to the winning team of the European National Teams Lifesaving Championships.
- b) **Pool events – overall:** An award shall be presented to the first place team in pool events, based on the total point score of all pool events *excluding* the Simulated Emergency Response Competition.
- c) **Ocean events – overall:** An award shall be presented to the first place team in ocean events, based on the total point score of all ocean events.
- d) **Event winners:** Individual awards shall be presented to the first three places in the final of all *events* at the National Teams Championships. Event winners shall be recognised as National Teams European Lifesaving Champions in those events.

### 9.2 European National Teams Youth Lifesaving Championships

- a) **Overall:** Awards shall be presented to the first, second, and third place National Youth Team, based on the overall point score for all pool and ocean events, and the Simulated Emergency Response Competition. A perpetual trophy shall be presented to the winning team of the European National Youth Teams Lifesaving Championships.
- b) **Pool events – overall:** An award shall be presented to the first place team in pool events, based on the total point score of all pool events *excluding* the Simulated Emergency Response Competition.
- c) **Ocean events – overall:** An award shall be presented to the first place team in ocean events, based on the total point score of all ocean events.
- e) **Event winners:** Individual awards shall be presented to the first three places in the final of all *events* at the National Youth Teams Championships. Event winners shall be recognised as European National Teams Youth Lifesaving Champions in those events.

### 9.3 European Interclub Teams Open Lifesaving Championships

- a) **Overall:** Awards shall be presented to the first, second, and third place National Youth Team, based on the overall point score for all pool and ocean events, and the Simulated Emergency Response Competition.  
A perpetual trophy shall be presented to the winning team of the European Interclub Open Teams Lifesaving Championships.
- b) **Pool events – overall:** An award shall be presented to the first place team in pool events, based on the total point score of all pool events *excluding* the Simulated Emergency Response Competition.
- c) **Ocean events – overall:** An award shall be presented to the first place team in ocean events, based on the total point score of all ocean events.
- f) **Event winners:** Individual awards shall be presented to the first three places in the final of all events at the National Youth Teams Championships. Event winners shall be recognised as European National Teams Youth Lifesaving Champions in those events.

#### 9.4 Masters European Lifesaving Championships

- a) Within each Masters age group, awards shall be presented to the first three places in the final of all events at the Masters European Lifesaving Championships. Event winners shall be recognised as Masters European Lifesaving Champions.
- b) There shall be no club award presented at the Masters championships.

#### 9.5 European Inflatable Rescue Boat (IRB) Championships

- a) Individual team medals shall be presented to the first three places in the final of all IRB events conducted at the Open European IRB Championships and winners shall be recognised as Open European IRB Champions
- b) Individual team medals shall be presented to the first three places in the final of all IRB Events conducted at the Masters European IRB Championships and winners shall be recognised as Masters European IRB Championships.
- c) A perpetual trophy shall be presented to the winning club team of the Open and Masters European IRB Championships.

## 10. PROTESTS, APPEALS, CODES OF BEHAVIOUR AND DISCIPLINE

### 10.1 Protests and Appeals

- a) The ILSE Management Committee reserves the right, at its absolute discretion, to delete, alter or otherwise vary any rule, competition criteria, timetable or other matter as it deems necessary. Every effort will be made to ensure that each team manager receives notice of any such deletion, alteration, variation or change. Protests resulting from such ILSE Management Committee decisions are not permitted and will not be entertained.
- b) Where permitted a competitor or team manager may protest to a referee in accordance with the terms of the *ILSE Competition Rule Book* and may subsequently dispute a referee's decision. The processes for Protest and Appeals are prescribed in the *ILSE Competition Rule Book*.
- c) The fee for an Appeal at the European Lifesaving Championships in 2018 and 2019 shall be 50 Euro for an individual event and 100 Euro for a team event.

### 10.2 Code of Conduct and Discipline

- a) ILSE expects and requires of its competitors, officials and members generally the highest standards of conduct and behaviour.
- b) ILSE European Lifesaving Championships are high profile public events. ILSE expects all competitors, officials, members and attendees to co-operate to ensure a positive public image. Behaviour likely to cause embarrassment or damage to the image of ILSE or European Lifesaving Championship competition will be referred



to the Disciplinary Committee. Penalties may include expulsion of individuals or teams from the competition.

**Note:** Refer to the *ILSE Competition Rule Book* for the code conduct, the fair play code, misconduct and discipline expectations and processes.

## 11 OFFICIAL CEREMONIES

- a) Official ceremonies shall be conducted at all world championships and consist of the following elements:
  - Parade of teams in front of the official reviewing stand
  - Playing of the ILS song
  - Raising of the ILSE flag
  - Administration of athletes and officials oaths (below)
  - Official welcome by ILSE
  - Official welcome by host authority
  - Official photographs
- b) **Oath for competitors:** *“In the name of all competitors, I promise that we shall respect and abide by the rules of these championships, competing with a spirit of sportsmanship and fair play.”*
- c) **Oath for team managers and coaches:** *“In the name of all team managers and coaches, I promise that we shall commit to exemplary leadership consistent with the ILSE code of conduct and its guiding principles.”*
- d) **Oath for officials:** *“In the name of all officials, I promise that we shall officiate in these championships with impartiality, honouring the rules which govern this competition and the spirit of fair play which inspires them.”*

### 11.1 Award presentations

Official presentations of awards to event and team winners shall be conducted throughout the championships. All award presentations shall share the following characteristics:

- Presentations shall be staged on a podium or dais.
- An official presenter will place medals on ribbons around competitors' necks.
- In European National Teams Lifesaving Championships award presentations, the national anthem of the winner will be played.
- Official photographs will be taken.

### 11.2 Flags and banners

- a) Each team shall bring a national flag to the championships.
- b) The organising committee will provide banners or plates indicating the nation.
- c) Flags and banners shall be carried at the official opening ceremony. In addition, organisers may request the flags and banners to be displayed at the competition sites, official functions, and award presentations.
- e) On flags and banners in the European Interclub Lifesaving Championships, the club identity (name and/or symbol) shall be prominent, although other elements (e.g., country or national association) may be included.
- f) On flags and banners in the European National Teams Lifesaving Championships, the nation's identity (i.e., national flag) shall be prominent although other elements (national team name and/or symbol) may be included.

## 12 TECHNICAL OFFICIALS

- a) The ILSE Sport Commission appoints Chief Referees and Deputy Referees based on recommendations from the ILSE College of Referees.

- b) Separate Event Managers are designated for Pool and Ocean competition to deal with any issues and represent the ILS Management Committee (see 1.1.1 d) at the respective venues.
- c) The Chief Referees appoint Event Directors (Pool events) and Area/Sectional Referees (Ocean events), and other Technical Officials from the list of volunteer officials supplied to them by the host organising committee.
- d) The roles and responsibilities of Technical Officials are outlined in Section 2 of the *ILSE Competition Rulebook 2017-2020 – revised edition 2018*.

### **13 POOLED EQUIPMENT SPECIFICATIONS FOR THE 2018 EUROPEAN LIFESAVING CHAMPIONSHIPS**

The 2018 European Lifesaving Championships organising committee has prepared this list of contents of the equipment pool with the brand or description and reference information available at the time of publication. The committee reserves the right to substitute similar equipment and will provide updates as appropriate on the ILSE website (<http://europe.ilsf.org/>).

#### **13.1 Manikins**

DRLG manikins will be used.

Website reference: <http://epaper.bw-h.de/dlrg/gesamtkatalog/#/142>

#### **13.2 Rescue tubes**

Rescue tubes will be sourced from one supplier and will meet the ILSE criteria as set out in Section 7.9 of the *ILSE.Competition Rulebook 2017-2020 – revised edition 2018*

#### **13.3 Throw lines**

Throw lines (20) for competition and training, will be sourced from one supplier and will meet the ILSE criteria as set out in Section 7.12 of the *ILSE.Competition Rulebook 2017-2020 – revised edition 2018*

#### **13.4 Obstacles**

Obstacles will be provided by the host organisation that meet the ILSE criteria as set out in Section 7.8 of the *ILSE.Competition Rulebook 2017-2020 – revised edition 2018*. The construction is red or orange aluminium 40 mm pressure pipe with red or orange coloured cloth (mesh) inserts. The obstacles are suspended over the lanes ropes and are screwed together to form a straight line across the pool surface.

#### **13.5 Batons**

Batons, constructed of flexible hose are 300 mm long and 24 mm wide.

#### **13.6 Surf skis**

Assorted surf skis (24) will be made available by the host organisation that meet the ILSE criteria as set out in Section 7.10 of *ILSE.Competition Rulebook 2017-2020 – revised edition 2018*, with different sizes and models similar to those supplied during previous European Championships.

#### **13.7 Surf ski paddles**

Assorted paddles (24) with different lengths and shapes to fit the demands of participants similar to those supplied during previous European Championships

#### **13.8 Racing boards**

Assorted racing paddle boards (24) will be made available by the host organisation that meet the ILSE criteria as set out in page 146, Section 7.4 of the *ILSE.Competition*

Rulebook 2017-2020 – revised edition 2018 to fit different weights and abilities of participants as supplied during previous European Championships

Website reference:

### **13.9 IRB hull**

Details to be confirmed, but they will be supplied by the host organisation

### **13.10 IRB engines**

The standard motor will be fitted with a stainless steel propeller and prop guard. Boats will be identical but the power output from motors may differ