

Use the buttons 1,2,3 at the top or the + or - buttons beside each stream to expand or contract the topics as required

	Knowledge	Skills	Competence
	In the context of EQF, knowledge is described as theoretical and/or factual.	In the context of EQF, skills are described as cognitive (involving the use of logical, intuitive and creative thinking) and practical (involving manual dexterity and the use of methods, materials, tools and instruments).	In the context of EQF, competence is described in terms of responsibility and autonomy.
Level 5 means	comprehensive, specialised, factual and theoretical knowledge within a field of work or study and an awareness of the boundaries of that knowledge	a comprehensive range of cognitive and practical skills required to develop creative solutions to abstract problems	<ul style="list-style-type: none"> exercise management and supervision in contexts of work or study activities where there is unpredictable change review and develop performance of self and others

Stream	Topic	Knowledge	Skills	Competence
Management	Theory of Management	Knowledge of: Planning and Control Methods of Analysing Basic Planning knowledge Basic organisational knowledge	Be able to: Explain the incident command system Use appropriate organisational policies and procedures Prepare a water safety plan Monitor the water safety team	Apply appropriate management theories on an every-day running of an organisation
	Systems of Economy	Knowledge of: Accounting systems Basic financial accounting Basic cost accounting	Be able to: Develop and interpret budgets Prepare basic information for accounting purposes	Use the appropriate accounting system to assure a well-run economy of the organisation to meet targets
	Business Contracts	Knowledge of: Rule and regulations Systems of administration	Be able to: Contribute to the development of appropriate rules and regulations	Manage the organisation within the scope of applicable rules and regulations, and ensure a well- functioning administration system is in place
	Health and Safety	Consult appropriate Health and Safety Guidance relating to the relevant country (e.g UK HSE publication HSG65, or see Publication Reference List) for information concerning the following: Accident reporting and investigation Risk Assessment (including Hazard Identification and control) Planning for safety Inspection and auditing Maintenance Training and Education Public information and awareness Roles and responsibilities		
	Health and Safety Legislation	Knowledge of relevant health and safety legislation and current guidance as well as its application in the environment/location for activity taking place	Support the setting up and managing of aquatic activities in compliance with the legislation and current guidance	Assist in managing the activity to ensure safety and health of all participants in accordance with the current legislation and guidance
	Legal Framework	Knowledge of how to develop and to evaluate the own organisation's NOP documentation	Support the setting up and managing of events in compliance with organisation's policies and procedures contained within the NOP	Assist in managing the event to ensure safety of all participants in accordance with the NOP

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	Emergency Action Plan (EAP)	Knowledge of how to develop and to evaluate own organisation's EAP documentation	Develop the response to an emergency in compliance with organisation's policies and procedures contained within the EAP	Assist in managing and responding to emergencies to minimise the risk to all involved in accordance with EAP
	Natural Hazards (physical, biological, chemical, other technical) – Identification and Control			
	Weather and climate (including UV Radiation, cold and hot temperatures,)	Knowledge of the weather and climatic conditions and the risks posed, and knowledge of how to eliminate or to minimise risks to health	Use the correct equipment, resources and support services available in relation to the weather and climatic conditions and provide current guidance as required	Assist in managing the activity in relation to the current weather and climatic conditions and ongoing monitoring to ensure safety, taking action as required
	Kinds of water environments	Knowledge of water environments including topography, tides, waves and currents and how to determine the associated risks	Identify the water environments including topography and the implications on safety relevant to the activity	Assist in managing the activity in relation to the water environments including topography and water factors with ongoing monitoring, use of pro-active risk assessment, taking action as required
	Environmental pollution	Knowledge of typical pollutants specific to the environment and the implications on health and safety	Follow policies and procedures as specified in the NOP/EAP to ensure that the environment is free of pollutants and safe to use	Assist in monitoring and identifying potential pollutants, assessing risks and taking action to eliminate or to minimise risks
	Bacteria, stingers, animals appropriate environment/facility	Knowledge of relevant bacteria, stingers and animals and the potential implications on safety	Follow policies and procedures as specified in the NOP/EAP to ensure that the environment is safe to use in relation to harmful bacteria, stingers and animals	Assist in monitoring and identifying relevant bacteria, stingers, and animals, assessing risks and taking action to eliminate or to minimise risks
	Human related Hazards – identification and control			
	Activities of customers/users	Knowledge of customer service and related policies in relation to different types of events and activities and the impact on users/others behaviour	Follow policies and procedures as specified in the NOP/EAP to set up for activities, to ensure the safety of all involved	Assist in managing activities and behaviors of those involved
	Activities of rescue staff	Knowledge of required staffing levels and incident management in relation to the participants/activity/environment	Follow policies and procedures as specified in the NOP/EAP to staff activities and respond to incidents, to ensure the safety of all involved	Assist in managing staff and behaviors of those involved, during activities and when responding to an incident and post-incident
	Misbehaviour	Knowledge of how behaviours change during aquatic activities and what constitutes misbehaviour	Follow policies and procedures as specified in the NOP/EAP to manage misbehaviour, to ensure the safety of all involved (maintain records as required)	Assist in supervising activities and dealing with any incidents of misbehaviour to ensure safety of all involved
	People with special needs/medical conditions	Knowledge of the support that can be provided for people with special needs/medical conditions	Follow policies and procedures as specified in the NOP/EAP to support people with special needs/medical conditions, to ensure the safety of all involved	Assist in supporting and supervising activities for people with special needs/medical conditions, to ensure safety of all involved
	Crowd control	Knowledge of the supervision required to effectively control crowds	Follow policies and procedures as specified in the NOP/EAP to control crowds and respond to incidents, to ensure the safety of all involved	Assist in supervising crowds and dealing with any incidents to ensure safety of all involved
	Unpredictable hazards	Knowledge of situations that could arise and pose a threat to the safety of all involved and how to take appropriate action	Follow policies and procedures as specified in the EAP to manage unpredictable hazards and respond to incidents, to ensure the safety of all involved	Assist in managing unpredictable hazards and dealing with any incidents to ensure safety of all involved
	Health and Safety Management system			
	Risk Assessment	Knowledge of appropriate procedures to carry out risk assessments and its documentation	Identify the hazards and evaluate the risks	Assist in selecting and implementing appropriate control measures

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	Pro-active risk assessment	Knowledge of the need for pro-active risk assessments and use appropriate documentation and procedures to carry out pro-active risk assessments	Identify and evaluate the risks – using a risk factor table – likelihood versus severity	Assist in ongoing monitoring of risks, selecting and implementing appropriate control measures
	Moral courage (unpopular decisions)	Knowledge of the requirement to make unpopular decisions where circumstances require, to ensure risks are minimised and safety maintained	Identify circumstances that could result in increased risks and make appropriate decisions to minimise risks and maintain safety	Assist in making unpopular decisions to ensure safety of all involved
	Accident prevention	Knowledge of accident prevention	Identify circumstances that could increase the risk of an accident, implementing the NOP/EAP policies and procedures	Assist in ensuring safety checks are carried out, monitoring their effectiveness, and taking action when required to rectify any identified problems
	Pro-active Information for the public	Knowledge of how and when to inform the public regarding safety	Be able to communicate in the most appropriate way to effectively transfer safety information to others	Assist in informing the public, selecting an appropriate method of communication and ensuring key safety messages are understood and acted on.
	Plan and design for a safe environment (e.g. for events)	Knowledge of effective planning and designing a safe environment (e.g. for events)	Demonstrate how to plan and to design safe environments using appropriate methods	Assist in planning and designing safe environments
	New technologies	Knowledge of appropriate new technologies relevant for water safety	Be able to demonstrate the use of new technology relevant for water safety	Effectively use new technology relevant for water safety
	Education about water safety and accident prevention	Knowledge of educational methodology in water safety	Prepare and deliver a water safety education session	Effectively prepare and deliver water safety education sessions
Didactical Methods				
Provides Effective Learning & Development Activities				
	Ensures effective learning and development activities are delivered that meets the needs of learners using a range of methods	Knowledge of the need for learning and development programmes relating to Water Safety Skills, and activities, to be supervised to meet the different types of learner needs	Be able to identify effective learning and development activities with groups and individuals, adapting where necessary to meet their differing learning needs	Assist in facilitating/delivering and supervising learning and development activities used with groups and individuals to achieve their learning needs and objectives
	Engages learners in planning, managing and reviewing their own learning	Knowledge of the importance of engaging learners in planning, managing and reviewing their own learning	Be able to create opportunities and encourage learners to participate in planning, managing and reviewing their own learning	Assist in engaging learners in planning, managing and reviewing their own learning
	Ensures compliance with legislative and organisational requirements in relation to learning and development and maintains records as required	Knowledge of the legislative and organisational requirements in relation to learning and development (own role/area of responsibility)	Be able to support the implementation of measures to ensure the safety and security of learners and compliance with legislation	Assist in ensuring the safety and security of learners and complying with legislation and maintain records as required
Ongoing Competence Improvement in Learning and Development				
	Committed to ongoing competence improvement as a practitioner in Learning and Development	Knowledge of the importance of reflecting on own performance as a learning and development practitioner to improve skills	Evaluate where own skills, knowledge and practice need updating or further development and build competence	Analyse own effectiveness as a learning and development practitioner, and ongoing competence improvement
	Produce personal action plans to improve practice, using technology and resources as appropriate	Knowledge of technologies and resources to keep own knowledge, skills and competence up to date	Produce personal action plans to improve practice, using technology and resources as appropriate	Review and update personal action plans to improve practice
Principles and Practices of Assessment (ncluding quality assurance)				

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	Understands the function of assessment in learning and development and how to plan assessment activities and communicate assessment requirements with learners	Knowledge of assessment procedures and responsibilities of the assessor in relation to planning learning and development assessment activities, and communicate requirements to learners	Follow the correct processes relevant to the assessment, and plan appropriate assessment methods in relation to the needs of the learners, adapting arrangements where necessary to meet individual needs	Assist in planning and conducting assessment activities in-line with regulations and requirements relevant to subject/occupational area and the needs of individual learners
	Use of peer and self-assessment to effectively promote learner involvement in the effective assessment of learning (and in its application)	Knowledge of how peer and self-assessment can be used effectively to promote learner involvement and instil personal responsibility in the effective assessment of learning	Be able to ensure that effective, valid, reliable and fair assessment decisions are made against specified criteria	Assist in ensuring that procedures for managing information, relating to the effective implementation and review of assessment activities, are followed
	Aware of the contribution that the use of technology can make to the assessment process	Understand how/when technology can be used in assessor led activities and in learner led (self-assessment)	Be able to use or recommend the use of technology appropriately as part of overall range of assessment methods	Selects appropriate technology and evaluates its effectiveness in supporting assessment activities
	Complaints and appeals in relation to assessment activities	Knowledge of the appropriate complaints and appeals procedures	Be able to follow policies and procedures to action disputes concerning assessment	Assist in dealing with complaints and appeals relating to assessment activities
	Understands the function of, and the processes used in internal quality assurance, including responsibilities of those involved	Knowledge of the functions and key concepts relating to internal quality assurance in learning and development	Be able to apply the principles of the internal quality assurance of assessment	Assist in ensuring regulations and requirements for implementing effective internal quality assurance in own area of practice are followed
	Understand how to plan the internal quality assurance of assessment processes	Knowledge of the preparations that need to be made for internal quality assurance, including: <ul style="list-style-type: none"> • information collection • communications • administrative arrangements • resources 	Be able to explain standardisation requirements in relation to assessment	Assist in ensuring that the relevant procedures regarding disputes about the quality of assessment are followed
Assess Occupational Competence				
	Assess occupational competence, maintaining legal and good practice methodology	Knowledge of how to plan and prepare for assessment of occupational competence, ensuring that equality, diversity, and where appropriate bilingualism are actively supported	Be able to plan and conduct assessment of occupational competence that is compliant with health and safety and data protection policies and legislation, based on the following methods: <ul style="list-style-type: none"> • observation of performance in the work environment • examining products of work • questioning the learner • discussing with the learner • use of others (witness testimony) • looking at learner statements • recognising prior learning 	Assist in preparing and conducting occupational competence assessment activities that comply with organisational and regulatory requirements, and legal and good practice methodology
	Provides feedback following the assessment of occupational competence	Knowledge of how to give developmental feedback to learners and assist them reviewing occupational performance and planning further ongoing activity	Be able to review the evidence of learner achievement and provide feedback to the learner on their performance/outcomes and identify next actions	Assist in ensuring that records of the assessment of occupational competence, the outcomes and learner progress are maintained
Identify the learning needs of organisations and individuals and prepare appropriate resources				

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	Contribute to identifying the learning and development needs of the organisation and of individuals	Knowledge of the types of information/data that could assist in identifying the learning and development needs of the organisation and individuals	Be able to collect information/data that will aid the identification of the organisation's learning and development needs and that of individuals	Assist in the identification of the learning and development needs of the organisation and that of individuals
	Prepare resources and guidance for use in learning and development to assist learners	Knowledge of how to prepare resources and guidance for learning and development activities	Be able to consider what resources and guidance are required when preparing to deliver learning and development activities	Assist in preparing resources and guidance for learning and development activities in compliance with relevant legislation, organisational policies etc.
	Engage learners in the learning and development activities			
	Engage learners in the learning and development activities	Knowledge of how to engage learners in the development activities, including facilitating individual and group learning	Be able to engage learners and provide information and guidance on learning and development options to meet their needs	Assist in engaging the target audience in the learning and development activities and support ongoing individual progression
	Establish working relationships with learners to motivate learning and enable provision of feedback on their activities and experiences	Knowledge of the importance of fostering an effective working relationship with learners to review performance and enable their feedback on activities and experiences	Be able to demonstrate working relationships with learners to motivate learning and enable provision of feedback on their activities and experiences	Assist in developing working relationships with learners to motivate learning and enable provision of feedback on their learning and development activities and experiences
	Facilitate and supervise learning and development in groups			
	Manages group learning and development environments	Knowledge of how to manage group learning and development environments to ensure a positive atmosphere	Be able to consult with group members to adapt learning and development environments to improve group and individual learning outcomes	Assist in managing group learning and development environments
	Facilitates learning and development in groups, to comply with legal and organisational requirements and ensure risks are minimised to safeguard individuals	Knowledge of how learning and development in groups is facilitated and influenced by group dynamics, and how to minimise the risks associated with group learning activities to safeguard individuals	Be able to consider the characteristics of group dynamics and environments that facilitate learning and development, and identify and minimise the associated risks to safeguard individuals	Assist in influencing group dynamics and behavior to create a positive learning environment, to comply with legal and organisational requirements and control and minimise the associated risks to safeguard individuals
	Monitor individual learner progress within group learning and development activities, and assist learners to reflect on their learning and development	Knowledge of how to monitor individual learner progress within group learning and development activities, and meet group and individual learning objectives	Be able to adapt delivery based on feedback from learners in group and overcome any barriers to learning (in groups), and review individual contribution (and responses) to group learning activities	Assist in monitoring individual learner progress within group learning and development activities, overcome barriers and encourage individuals to actively participate/contribute
	Facilitate and supervise learning and development for Individuals			
	Facilitate one to one learning and development using appropriate methods to meet needs of individuals and the learning objectives	Knowledge of the principles and practices of one-to-one learning and development and how to facilitate it	Be able to review and assess methods for facilitating learning and development to meet the needs of individuals and the learning objectives	Assist in selecting/sourcing appropriate method /materials to assist individuals to meet their learning and development objectives
	Identify and minimize risks to safeguard learners participating in one to one learning and/or development	Knowledge of the potential risks and the measures to put in place to safeguard learners participating in one to one learning and development	Be able to assess risks and put in measures to safeguard learners participating in one to one learning and/or development	Assist in controlling risks and safeguarding learners participating in one to one learning and development
	Provide opportunities for practical application of new skills within learning and development activities	Knowledge of the benefits to individuals of applying new knowledge and skills in practical contexts	Be able to facilitate and encourage individuals to apply new knowledge and skills in practical contexts	Assist in developing opportunities for individuals to apply their new knowledge and learning in practical contexts
	Assist individual learners in reflecting on their learning and/or development and the relationship to performance	Knowledge of how to facilitate individual self-evaluation of the practical application of knowledge and skills (within learning and development)	Be able to review and evaluate individual achievement in one to one learning and development, providing feedback to assist ongoing improvement	Assist in supporting self-evaluation by learners , provide feedback and assist them to identify their future learning and development needs

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	Engage with employers to facilitate workforce development			
	Engage with employers to facilitate workforce development	Knowledge of potential sources of support and resources that are available from stakeholders	Be able to identify the sources of support and resources that are available from stakeholders	Assist in identifying the sources of support and resources that are available (from stakeholders etc.)
	Provide information and advice for learners and employers	Knowledge of how information is accessed and advice provided from within the organisation for both employers and individual learners	Be able to identify and provide information and advice to meet needs of both employers and individual learners	Assist in providing information and advice to meet the needs of both employers and individual learner
Special Topics				
	The individual will focus on the knowledge skills and competences required for the special topics that they choose for the environment in which they operate			
	Water safety history	Knowledge of the history leading to the current situation	Be able to deal with the common attitudes and actual situations	Understand and assess the development of the situation to influence the action for taking a required direction
	Environment	Basic knowledge about the environment and the variations in actual conditions	Be able to deal with variations in actual challenges and environmental conditions	Act and behave safely in the in the actual environment and conditions
	Psychological and Physiological reactions and self-rescue skills in the actual environment	Basic knowledge about and the influence of conditions on your body and mind.	Be able to perform a self rescue	Perform a self rescue
	Personal safety	Basic knowledge about personal possibilities and limitations related to variable conditions	Be able to take care of one's own safety	Take care of one's own safety.
	Leading a group	More advanced knowledge about the environment related to predicting the development of conditions and how the impact and influence of changed conditions varies between different persons	More advanced skills required to assess the actual environmental conditions related to different person's ability to take care of their own safety and perform a self-rescue, and rescue a companion	Assist in leading a group safely in the actual environment and conditions, taking account of the impact and influence of changing environmental conditions
	Lifesaving	Knowledge of how perform a rescue in the actual topics and environment	Be able to rescue a person in the actual topic and environment chosen	Conduct a rescue in the actual topic and environment
	Specialised first aid and treatment related to actual topic	Knowledge of the medical challenges that could be specially related to the actual topic	Be able to give appropriate first aid related to these situations	Give effective and appropriate first aid related to these situations