



Amendments to ILSE European Championships Handbook v2.1(05-18)

The ILSE Sport Commission wishes to advise that the following amendments should have been included in the above publication. These were changes to the previous European Championships Handbook that were unfortunately missed when the final version was published.

They relate to:

- The addition of an Interclub Youth Championships in 2019
- The increase of Interclub maximum team members from 6 up to 10 men and 6 up to 10 women
- The restoration of Masters Age Groups to 5-year bands rather than the 10-year bands used at the 2017 Masters European Championships

Section 3.2 f) – Interclub Teams (page 6)

Add at the end of paragraph b)

- Youth – be 15 to 18 years of age

Definitions of age requirements for Youth and Open have been revised accordingly

- f) **Composition of a Team** – amended from “A team may consist of a minimum of one competitor and a maximum of six females and a maximum of six males,..” to “A team may consist of a minimum of one competitor and a maximum of ten females and a maximum of ten males...”

Section 7.1 – National Teams (including Youths) and Interclubs (pages 12 and 13)

An Interclub Youth Championships has been added throughout this section. In addition, the number of competitors permitted in all individual events in both Interclub Open and Youth Championships is 4 per team. The National Team Open and Youth remains at 2 per team in all individual events.

Section 7.2 – Masters (page 13)

All Masters individual age groups revert to 5-year age bands after being merged to 10-year age bands in the 2017 Masters European Championships.

These age groups are:

- 30-34
- 35-39
- 40-44
- 45-49
- 50-54
- 55-59
- 60-64
- 65-69
- 70+

Masters Team age groups remain unaffected and remain as before

The revised ILSE European Championships Handbook v2.2 (08-19) is available to view on the ILSE Website. A copy is also attached to this notice.