Adaptations for situations of suspected or confirmed cases of COVID-19:

- **Use Personal Protective Equipment** (minimum: cap, gown, face mask FFP2 / FFP3, Glasses and Gloves - placed in that order)
- **Do not Look, Listen and Feel for normal breathing**
  - Check for response, movements and assess the pulse
- **Do not ventilate with exhaled air or with a Resuscitation Mask!**
  - Choose:
    1. Only compressions (putting face mask or resuscitation mask on the victim, to prevent aerosol spread);
    2. With 2 providers, use a manual insufflator, where one seals the mask and the other squeezes the insufflator. Use HEPA filter on the manual insufflator;
    3. O2 at LOW flow, with nasal cannula and face mask on top OR simple face mask well sealed (prevent aerosol spread).
- **Switch it on and follow instructions**
  - Remove O2 during analysis and shock.

Source:
- Portuguese Resuscitation Council (Cardiopulmonary Resuscitation (CPR) in patients with COVID-19, https://cpressuscitacao.pt);