

### III SPANISH SHORT COURSE CHAMPIONSHIP

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#### COMPETITION ELIGIBILITY CATEGORIES

- The categories that may participate in the III Spanish Short Course Championship will be "juvenil", "júnior" "absoluta"

CATEGORIES	MASCULINA/FEMENINA
"JUVENIL"	Date of birth between 01/01/2007 and 12/31/2008
"JÚNIOR"	Date of birth 01/01/2005 and 12/31/2006
"ABSOLUTA"	Date of birth between 12/31/2004 and previous

#### REGISTRATION AND PARTICIPATION RULES:

- Each athlete may take part in a maximum of three individual events.
- Registrations will be made through the international registration portal, [international registration](http://internationalregistration.deporte@rfess.es) previously requesting an access code from [deporte@rfess.es](mailto:deporte@rfess.es)
- Entry fee will be 100 euros for team plus 30 euros for athlete
- Entry fee for a single athlete without team will be 30 euros

#### COMPETITION SYSTEM:

- The events will be runned by seed in the joint category during the heats sessions, with finals A and B in a sole category with the 16 best times.
- Participation on finals have to be confirmed within 30 minutes after the heats session is over, thus having a system of moved finals. Any competitor who does not have their participation confirmed within the indicated time will be considered, for all purposes, as withdrawn from the finals of the finals session, not having the right to claim for non-inclusion on finals later. The competitor who has confirmed and does not participate on any final will drop all the events of the day that is being held. Not take part on the final implies not being in the score of this event.

#### COMPETITION PROGRAM:

Day 1: 1 <sup>st</sup> session	Day 2: 3 <sup>rd</sup> session
<b>ELIMINATORIAS</b> 50 m. obstacle swim 4x25 m. obstacle relay 50 m. rescue medley 50 m. manikin tow with fins 4x25 m. poll lifesaver relay	<b>ELIMINATORIAS</b> 100 m. super lifesaver 25 m. manikin carry 4x12.5 m. manikin relay 50 m. manikin carry winth fins 4x25 m. medley relay
Day 1: 2 <sup>nd</sup> session	Day 2: 4 <sup>nd</sup> session
<b>FINALES</b> 50 m. obstacle swim 50 m. rescue medley 50 m. manikin tow with fins	<b>FINALES</b> 100 m. super lifesaver 25 m. manikin carry 50 m. manikin carry winth fins

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#### **AWARDS:**

1. Gold, silver, and bronze medal to the first, second and third classified of the III Spanish Short Course Championship in all events of each female category.
2. Gold, silver, and bronze medal to the first, second and third classified of the III Spanish Short Course Championship in all events of each male category.
3. Schedules established for the award ceremonies will be informed at the team managers meeting.
4. A classification by event and sex of the III Spanish Short Course Championship will be drawn up, including national and international athlete.

#### **PLACE AND DATES OF THE EVENT**

The competition will be held March 4<sup>th</sup> and 5<sup>th</sup>, 2023 at the "Piscina Municipal Cubierta Parquesol", (Calle. del Padre Llanos, 1, 47014 Valladolid - Spain).