

# 5. Open German Championships Single Events / Relays

## Announcement

April 12<sup>th</sup> to 14<sup>th</sup>, 2024

Düsseldorf



5. Internationale Deutsche Einzelstrecken-  
Meisterschaften im Rettungsschwimmen

## 1 Organizer and Host

Organizer: Executive Committee DLRG e.V.  
Im Niedernfeld 1-3  
31542 Bad Nenndorf  
[dem@dlrg.de](mailto:dem@dlrg.de)

Host: Department of Lifesaving Sports DLRG

The organizer expressly reserves the right to cancel, postpone or change the event at short notice in parts or as a whole due to official requirements, its own risk and safety assessments as well as for special reasons, further to introduce special regulations, in particular on participation restrictions, succession procedures, requirements for stay and security measures, which may contradict the applicable regulations.

This reservation extends to all elements of the following invitation. The organizer assumes no liability for costs incurred by divisions if they enter into contractual obligations with third parties, e.g. for accommodation services.

Registration fees will be refunded proportionately in the event of cancellations or partial cancellations. Additional costs of the outlines cannot be reimbursed.

## 2 Competition

### 2.1 Schedule

Friday, 12.04.2024, 7<sup>15</sup> - 18<sup>30</sup>  
Saturday, 13.04.2024, 7<sup>15</sup> - 18<sup>30</sup>  
Sunday, 14.04.2024, 7<sup>15</sup> - 15<sup>30</sup>

We provide a non-binding schedule (attachment 1). Please consider that especially times and the sequence of the disciplines during both competition days may change:

### 2.2 Age Classes

- A) Single competitors
- open class from age group 2009 and older
  - U19 with age groups 2006 and 2007
  - U17 with age groups 2008 and 2009
- B) Team relays
- open class from age group 2009 and older

### 2.3 Events

- A) Single events referring to ILS Rulebook
- 200m Obstacle Swim
  - 100m Manikin Tow with Fins
  - 100m Rescue Medley
  - 100m Manikin Carry with Fins
  - 50m Manikin Carry
  - 200m Super Lifesaver

## B) Team events referring to ILS Rulebook

- Line Throw
- 4x50m Obstacle Relay
- 4x50m Medley Relay
- 4x25m Manikin Relay
- 4x50m Mixed Pool Lifesaver Relay

Each competitor can participate only once per event.

## 2.4 Eligibility

The Open German Championships (**DEM**) are open to individuals and teams from clubs or lifesaving units of ILS full members.

The team members shall comply with section 13.4 *ELIGIBILITY TO PARTICIPATE IN Interclub OPEN AND YOUTH TEAMS LWC* of the *ILS-LWC-2024-Handbook-Final-May-2023-Clarification-V6-Dec-23-Final* and the adaptations as follows:

All team members must be in good standing with a current ILS Full Member

To be eligible to compete in the DEM2024, competitors shall:

- Be bona fide members in good standing of an eligible current ILS Member and eligible to compete as determined by the National Lifesaving Organization (NLO).
- Have been members of their ILS NLO for a continuous period of at least 90 days prior to the first day of the DEM (i.e. April 12<sup>th</sup>, 2024).
- All be members of the same lifesaving club, or lifesaving "unit" of a national lifesaving organization and not a composite team from multiple clubs or units.
- Attain the required age for the age classes as detailed in section 2.2.

For entry into the DEM, national lifesaving organizations shall provide an endorsement declaring that competitors meet the eligibility requirements listed above. The clubs are requested to send this endorsement as PDF or JPG to [dem@dlrg.de](mailto:dem@dlrg.de) not later than the official registration deadline. A template is attached at the end of this announcement (attachment 3).

For the sake of clarification:

- There is NO limit on the amount of team members from a club or lifesaving "unit".
- National Teams are not eligible to compete in relay events since this would lead to unfair competition conditions between clubs and national teams.
- NLO may register single competitors as national team if not registered by their club or lifesaving "unit".
- The organizer intends to offer a World Games 2025 qualification competition for relays limited to national teams. Such qualification competition will be offered in line with ILS rules as separate competition embedded into the schedule of the DEM2024. Details will follow in a separate announcement provided the ILS sanctions this event as WG2025 qualification event for relays of national teams.

All competitors must meet the entry times as detailed in attachment 2. Here, results achieved since 01.01.2023 at national or international official competitions conducted in a 50m pool may be considered. Additionally, entry times achieved at a 25m pool in an official championship will be accepted as well.

Result lists / recordings must provide evidence on competition type, organizer and host, venue and pool dimensions, and preferably chief referee and staff.

The organizing committee assumes, that all registration entries are fairly reported and will not check the eligibility to compete in advance.

However, if entry times are not met in the heats, the competitor will be sanctioned with an increased entry fee (IEF) as detailed in section 2.4.1

### **2.4.1 Increased Entry Fee (IEF)**

An increased entry fee of 50 € is added for each heat, where a competitor did not meet the required entry times (attachment 2).

The IEF applies as well for competitors who did not start.

The IEF is also added if a competitor does not appear to a final without checking out not later than 30 minutes after nomination for the finals (essential is the official publishing time of the results for the particular event).

The IEF does not apply, if the club can provide evidence that the required entry time was achieved in a competition without disqualification by means of a result list / recording as detailed in section 2.4.(to be verified till 21.04.2024 by mail to [dem@dlrg.de](mailto:dem@dlrg.de) ). Also, in case of a withdrawal from a race 30 minutes prior to the start of the first heat the IEF is not due.

The IEF due has to be transferred to the bank account mentioned in section 5.4. The DLRG headquarter will send an invoice to request the payment of the IEF.

## **2.5 Scoring**

All events will have heats and finals. The winner of the final is the international German Champion. Places 1-8 result from the finals, further ranking results from the heats. The first three places will receive medals.

### **2.5.1 Result Announcement**

Interim and final results will be published near the pool. Protests must be submitted within 15 minutes after posting of the results.

Visible results in a video stream and current intermediate results on the DLRG homepage are not verified recordings and therefore non-binding.

Protests will only be accepted if they refer to a result signed by officials being published in the swimming hall.

### **2.5.2 Award Ceremony**

The Award Ceremony will take place immediately after the respective final in the pool area, respectively immediately at the end of the competition on Sunday afternoon.

## **2.6 Rulebook**

The DEM 2024 is performed in accordance with the

*ILS-2023-ILS-Competition-Rulebook-FINAL-June-2023-Clarification-V4-Dec-23*

For further information see: <http://www.ilsf.org/lifesaving-sport/rules>

If the ILS publishes an update after the publication of this announcement and before the DEM2024, the new rules will apply. In case of discrepancies between the ILS Competition Rulebook and this announcement the latter shall prevail.

## 2.7 Membership documents

For non DLRG participants eligibility will be confirmed in advance by an endorsement of the respective national ILS federation.

The organizer reserves the right to check the identity of the participants by means of an identity card or passport.

## 2.8 Venue/Conditions

Venue:	Rheinbad Düsseldorf, Europaplatz 1, 40474 Düsseldorf
Lanes:	Pool 50m x 25m with 10 lanes, of which 8 are used in the competition
Water temperature:	ca. 26 °C
Water depth:	2 meters
Depth for taking manikin.	2 meters
Platforms will not be provided for the Line Throw.	
Warm up pool	3 lanes in a 25m pool

## 2.9 Equipment

The following equipment will be provided by the organizer and has to be used by the participants according to the rules:

- Rescue tubes [Gurtretter Rescue Tube – Wetiz](#)
- Obstacles
- Manikins [Übungs- und Rettungspuppe \(dlrg.de\)](#)
- Throw Lines [Leinwurf Leine - Lifesaving \(wetiz.eu\)](#)

## 2.10 Officials

The invitation or nomination of the officials will be sent in a separate letter from the representative for the officials.

## 2.11 Doping control

In accordance with ILS regulations and the implementation of the decision of the Presidium of the DLRG, doping controls are planned for this international competition.

If there are new World or European records, a doping test will be executed in any case.

## 3 Registration

### 3.1 Registration Portal

Participants shall register exclusively via the registration portal which will be linked to the DLRG-Homepage end of February 2024. Find access on link <https://www.dlrg.de/dem>.

The application to the event shall be submitted by the respective club or lifesaving unit.

With the registration the team manager has to provide the "Endorsement of Eligibility" (attachment 3) signed by the Lifesaving National Federation These attachments have to be sent as pdf or jpg by email to [dem@dlrg.de](mailto:dem@dlrg.de) not later than March 27<sup>th</sup>, 2024.

### 3.2 Registration Deadline

Deadline is **27.03.2024**.

Entries and changes of entries after the official deadline won't be considered. Replacements of individual participants on short notice prior to the competition start will not be accepted.

Participants for the team competitions must be registered by name by the closing deadline.

However, participants in team events can be exchanged as long as they fulfill the other terms and conditions of participation. The exchange must be submitted in writing by the team manager to the event management at least 30 minutes before the start of the team event or 30 minutes before the beginning of the marshalling for the final.

### 3.3 Announcement of entry list

The entry lists will be published on March 31<sup>st</sup>, 2024. Changes, such as misspellings can be made up until April 3<sup>rd</sup>, 2024. Please send these corrections by email to [dem@dlrg.de](mailto:dem@dlrg.de) with the subject line: **DEM2024: Club Name– Changes**. After this date, changes will no longer be accepted.

## 4 Conditions

### 4.1 Accommodation

The participating delegation has to organize the accommodation and meals itself.

## 5 Costs

### 5.1 Entry fee

The entry fee for each single competitor / team relay is **10, 00 € per event**.

### 5.2 Increased Entry Fee

The increased entry fee is **50,00 €**, see 2.4.1

### 5.3 Travel expenses

Travel expenses have to be paid by the participating delegation itself.

### 5.4 Payment deadline

Please make sure that all costs are paid before March 27<sup>th</sup>, 2024. to the following bank account (please pay attention that bank charges have to be covered by the remitter):

Account holder:	DLRG e.V.
Bank:	Volksbank in Schaumburg e.G
IBAN:	DE81 2559 1413 7306 7890 00
BIC:	GENODEF1BCK
Subject line:	„DEM2024 + Name of Organization“

Entry fees and other costs of the teams and competitors cannot be refunded in case of withdrawal or no show.

## 6 Security measures

Access to the interior area at the pool edge is limited to competitors during the performance of the disciplines. All other persons, especially trainer/attendants, must stay out of this area.

Regulations on access for participants and spectators will be published on the event homepage at a later date.

## 7 Information and communication

### 7.1 General communication

Any further information (starting lists, schedule, etc.) concerning DEM 2024 will be published exclusively on the Internet. Visit our Homepage:

[www.dlrg.de/dem](http://www.dlrg.de/dem)

If you have any further questions or suggestions, please contact the event management and the organization team by mail: [dem@dlrg.de](mailto:dem@dlrg.de)

### 7.2 Organization office

The pool *Rheinbad Düsseldorf* is the central competition location. A registration of the competitors on site is not necessary. The organization office can be found inside the swimming hall.

## 8 Public relations

We advise all participants that during the competition photographs and films will be made. Publication for the representation of the DLRG generally needs no additional consent of the people photographed. The DLRG photographers and camera crews will take care and ensure the privacy rights of the photographed persons and will take care that other media representatives will be careful as well. For using the material for other cases, in particular of a commercial nature, the DLRG will contact the person concerned in each individual case if it is necessary referring to German copyright laws. By registering for the 4. Open German Championships each competitor agrees automatically to the conditions explained above.

## 9 Data protection

All personal data, which is indicated within the registration for DEM 2024 will be saved and used as described in data protection notice. Registration to the **DEM** is only possible, when this notice is accepted.

## 10 Events and Deadlines

<b>1. Publication Announcement</b>	<b>12.12.2023</b>
<b>2. Activation registration</b>	<b>27.02.2024</b>
<b>3. Registration Deadline</b>	<b>27.03.2024</b>
<b>4. Deadline for payment of registration fee</b>	<b>27.03.2024</b>
<b>5. Entry list publication</b>	<b>31.03.2024</b>
<b>6. Deadline for changes/ misspellings</b>	<b>03.04.2024</b>
<b>7. Publication of starting lists</b>	<b>08.04.2024</b>
<b>8. Date of Competition</b>	<b>Fr. 12.04. till Su. 14.04.2024</b>
<b>9. Proof of mandatory time in case of failure at competition</b>	<b>21.04.2024</b>

## 11 Attachments

The following attachments are part of the announcement:

1. Preliminary schedule
2. Mandatory entry times
3. Endorsement of Eligibility



## **Attachment 1: Preliminary non-binding schedule**

### **Friday, 12 April 2024**

- Officials' meeting previous day
- 07.15 Swimming hall open
- 07:30 Team leader meeting
- 07:30 Warm up
- 08:30 Heats
  - 200m Obstacle Swim
  - 4x50m Obstacle Relay
  - Line Throw
  - 100m Manikin Tow with Fins
- 13:30 Lunch Break
- 15:00 Warm up
- 16:00 Finals
- 18:30 End of competition

### **Saturday, 13 April 2024**

- 07.15 Swimming hall open
- 07:30 Warm up
- 08:30 Heats
  - 4x50m Medley Relay
  - 50m Manikin Carry
  - 4x50m Mixed Pool Lifesaver Relay
  - 200m Super Lifesaver
- 13:30 Lunch Break
- 15:00 Warm up
- 16:00 Finals
- 18:30 End of competition

### **Sunday, 14 April 2024**

- 07.15 Swimming hall open
- 07:30 Warm up
- 08:30 Heats
  - 100m Manikin Carry with Fins
  - 4x25m Manikin Relay
  - 100m Rescue Medley
- 10:45 Lunch Break
- 12:30 Warm up
- 13:30 Finals
- 15:30 End of competition

Preliminary time schedule, subject to change.

## Attachment 2 Entry times

### Single Competitors

open class from age group <b>2009</b> and older	male	female
200m Obstacle Swim	2:32,77	2:44,54
50m Manikin Carry	0:36,81	0:44,13
100m Manikin Carry with Fins	0:59,45	1:06,56
100m Rescue Medley	1:17,84	1:29,73
100m Manikin Tow with Fins	1:06,18	1:14,79
200m Super Lifesaver	2:46,02	3:03,69

U19 with age groups <b>2006</b> and <b>2007</b>	male	female
200m Obstacle Swim	2:37,60	2:47,25
50m Manikin Carry	0:39,43	0:45,23
100m Manikin Carry with Fins	1:02,05	1:06,60
100m Rescue Medley	1:20,51	1:34,78
100m Manikin Tow with Fins	1:07,51	1:17,14
200m Super Lifesaver	2:51,54	3:12,13

U17 with age groups <b>2008</b> and <b>2009</b>	male	female
200m Obstacle Swim	2:47,20	2:58,16
50m Manikin Carry	0:42,93	0:47,59
100m Manikin Carry with Fins	1:06,37	1:10,40
100m Rescue Medley	1:29,88	1:39,37
100m Manikin Tow with Fins	1:16,19	1:22,67
200m Super Lifesaver	3:09,59	3:23,03

### Team relays

open class from age group <b>2009</b> and older	male	female
Line Throw	entry times not necessary in 2024	
4x50m Obstacle Relay	2:12,72	2:28,62
4x25m Manikin Relay	1:29,66	1:47,65
4x50m Medley Relay	2:00,67	2:14,22
	mixed	
4x50m Mixed Pool Lifesaver Relay	2:28,62	

**Attachment 3 Declaration in accordance with section 13.4. (Eligibility to participate) of the *ILS-LWC-2024-Handbook-Final-May-2023-Clarification-V6-Dec-23-Final***

**5. Open German Championships – April 12<sup>th</sup> to 14<sup>th</sup> 2024**

## **Endorsement of Eligibility**

Participating Club: \_\_\_\_\_

Declaring ILS Full Member Organization:

\_\_\_\_\_

We hereby confirm that the team members:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Are bona fide members in good standing of an eligible current ILS Member and eligible to compete as determined by the National Lifesaving Organization (NLO).

Have been members of their ILS NLO for a continuous period of at least 90 days prior to the first day of the DEM (i.e. April 12th, 2024).

Are members of the same lifesaving club, or lifesaving "unit" of a national lifesaving organization and not a composite team from multiple clubs or units.

Attain the required age for the age classes as detailed in section 2.2 of the announcement.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name and signature

\_\_\_\_\_  
function