

IVSPANISH SHORT COURSE CHAMPIONSHIP

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COMPETITION ELIGIBILITY CATEGORIES

1. The categories that may participate in the III Spanish Short Course Championshipwill be "juvenil", "júnior" "absoluta"

CATEGORIES	MASCULINA/FEMENINA
"JUVENIL"	Date of birth between 01/01/2007 and 12/31/2008
"JÚNIOR"	Date ofbirth 01/01/2005 and 12/31/2006
"ABSOLUTA"	Date of birth between 12/31/2004 and previous

REGISTRATION AND PARTICIPATION RULES:

- 1. Each athletemay take part in a maximum of three individual events.
- 2. Registrations will be made through the international registration portal, <u>international</u> registrationpreviously requesting an access code from <u>deporte@rfess.es</u>
- 3. Entry fee will be 100 euros for team plus 30 euros forathlete
- 4. Entry fee for a single athletewithout team will be 30 euros

COMPETITION SYSTEM:

- 1. The events will be runned by seed in the joint category during the heatssessions, with finals A and B in a sole category with the 16 best times.
- 2. Participation on finalshave to be confirmed within 30 minutes after the heats session is over, thus having a system of moved finals. Any competitor who does not have their participation confirmed within the indicated time will be considered, for all purposes, as withdrawn from the finals of the finalssession, not having the right to claim for non-inclusion on finals later. The competitor who has confirmed and does not participate onany final will drop all the events of the day that is being held. Not take part on the final implies not being in the score of this event.

COMPETITION PROGRAM:

Day 1: 1 st session	Day 2: 3 nd session
ELIMINATORIAS	ELIMINATORIAS
50 m. obstacleswin	100 m. super lifesaver
4x25 m. obstaclerelay	25 m. manikin carry
50 m. rescuemedley	4x12.5 m. manikin relay
50 m. manikin tow with fins	50 m. manikin carry winth fins
4x25 m. poll lifesaver relay	4x25 m. medley relay
Day 1: 2 nd session	Day 2: 4 nd session
FINALES	FINALES
50 m. obstacleswin	100 m. super lifesaver
50 m. rescuemedley	25 m. manikin carry
50 m. manikin tow with fins	50 m. manikin carry winth fins









Real Pederación Española de Salvamento y Socuriamo

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AWARDS:

- 1. Gold, silver, and bronze medal to the first, second and third classified of the III Spanish Short Course Championship in all events of each female category.
- 2. Gold, silver, and bronze medal to the first, second and third classified of the III Spanish Short Course Championship in all events of each malecategory.
- 3. Schedules established for the award ceremonies will be informed at the team managers meeting.
- 4. A classification by event and sex of the III Spanish Short Course Championship will be drawn up, including national and international athlete.

PLACE AND DATES ORF THE EVENT

The competition will be held March 2th and 3th, 2023at the "Piscina Municipal CubiertaParquesol", (Calle. del Padre Llanos, 1, 47014 Valladolid- Spain).







